



Established 1879
"With oars and sail"

Volume 4, Issue 7

19th November 2014

INSIDE THIS ISSUE

Principals Message

'Archibull' Prize

School Calendar

Miss Auld's Messages

Swimming School

Community Notices

School Raffle



**The final issue
of BOOKCLUB
for 2014 is due
back on Monday
24th November.**

**Great Christmas
gift ideas.**

**All purchases help
get free books for
the school**

Participation Leads to Success

Hill Street
Eugowra 2806

Phone: 6859 2233
Fax: 6859 2581

www.eugowra-p.school.nsw.edu.au

The Link

Principals Message

Swimming lessons are almost over. All students have improved and have been enjoying themselves. However, I think the students are ready for a rest from swimming to recover from sore ears, sprains and illnesses. They will be able to practise what they have learned when we attend Eugowra Swimming Pool on Friday afternoons.

We would appreciate volunteers to assist with swimming Friday afternoons starting on November 28th until December 12th. If you are available to assist for a few hours each Friday at the swimming pool would you please be able to complete the form included with this newsletter. Love to see you even if you would rather just watch.

Year 3-6 Parent Information

On Wednesday 3rd December, 12 noon, I would like to invite you to the school for an opportunity to meet me and learn about some of the programs that are being run in the Y3-Y6 classroom. This will be followed by a sausage sizzle.

Sausage Sizzle

Parents are welcome to attend a sausage sizzle with your child or children over lunch on December 3rd and then stay for the parent and community consultation.

Parent and community consultation on the school plan.

December 3rd from 1:45 – 3:00 you are invited to attend the school to consult regarding the school plan. This is an opportunity for you to learn about the strategic directions the school will be taking over the next three years.

Regards, Mrs Tracey Graves
Relieving Principal



ARCHIBULL PRIZE AWARD CEREMONY

On Friday 14th November Montana, Darcy and Miss Auld went to Sydney Olympic Park to the 'Archibull' Prize Award ceremony.

Eugowra Public School was lucky enough to be awarded Highly Commended for our Blog and Highly Commended for our Multimedia Presentation that showcased all elements of our project.

At the ceremony the girls and Miss Auld got to see the finalist cow artworks—including Canowindra High School, and also meet Young Farming Champions in all farming industries.

The trip down was a great way to finalise the fantastic effort that students put into the cow.

Miss Auld would like to thank all the students who spent their lunch times painting or writing entries for our blog—these students helped us get our 2 awards.

ARCHIBULL PRIZE SPONSORSHIP

Miss Auld would like to thank all businesses who donated to help fund our 'Archibull' Project.

Manildra Group of Companies
Insurance Central West Pty Ltd
Alan & Rosemary Sharrock Pty Ltd
Hutcheon & Pearce, Parkes

These donations helped pay for our paints, Our Young Farmer Champion visit, farming resources and teaching resources. These donations were greatly appreciated.

LAWN MOWER RAFFLE

A reminder that our school has a raffle at the moment, a John Deere self propelled front wheel drive mower, kindly donated by Hutcheon & Pearce of Parkes. If you require more raffle books contact Mrs Reeves in the office.



Week 7	17.11.14 Swimming 11.30-1pm	18.11.14 Swimming	19.11.14 9am—1pm Kinder Orientation Swimming	20.11.14 Swimming	21.11.14 Swimming
Week 8	24.11.14	25.11.14	26.11.14 9am—1pm Kinder Orientation	27.11.14	28.11.14 Swimming for Sport EUGOWRA
Week 9	1.12.14	2.12.14	3.12.14 9am—1pm Kinder O 12pm 3-6 class open session. 1.45pm Consul- tation for school plan	4.12.14	5.12.14 Swimming for Sport EUGOWRA

LIBRARY REMINDER

Don't forget your library books are due back on a Tuesday. Miss Auld will be sending out overdue notices next week with the newsletter.



BOTTLE TOPS

Thank you to all the students and families who have collected bottle tops for Miss Auld. If you still have any at home can you please bring them in by Friday. Thanks Miss Auld.

CHRISTMAS CARD COMPETITION

The school is participating in a Christmas Card competition in our region. The students have created one already at school—however if they wish to create one at home that is fine. It has to be a whole A4 page (and has to be something that can be photocopied and recreated). If your child wishes to do this—please return to Miss Auld by Monday 24th November (at the very latest). Thanks Miss Auld.



Here are 10 common and easily avoided mistakes parents make when disciplining their children. Replace these mistakes with better techniques and you'll be on your way to parenting easy street.

9 Deferring discipline

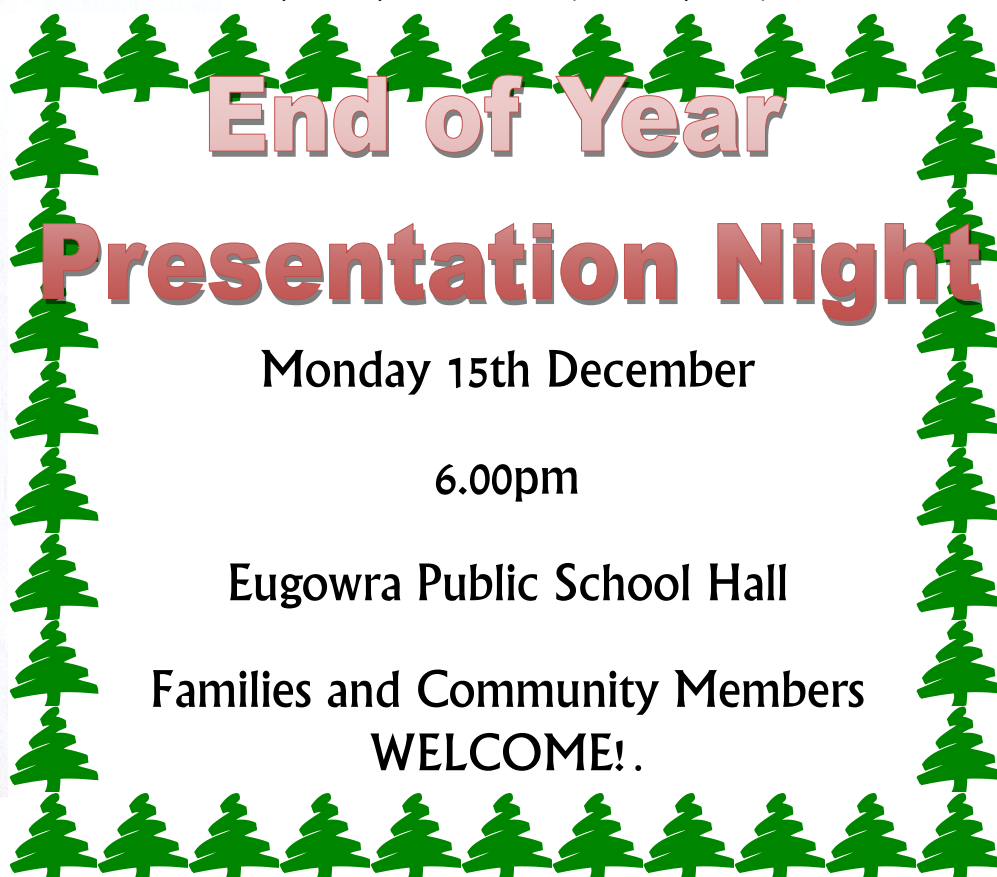
Deferring discipline to a child care centre, preschool or school. This is taking the easy way out and teaches kids that you don't have real authority. Have the confidence to be the authority and take a lead.

10 One parent is always the bad guy

This gets wearing. Also it's hard to have fun when you are the tough cop all the time. If you are in a two-parent situation take discipline in turns. If you are parenting solo, bring spares into the act.

We've all made mistakes when disciplining kids. Tiredness, emotion and lack of skill can get in the way of effective discipline. But part of the evolution and growth of you as a parent involves eradicating some of your old ways, and replacing them with new, more effective, more sophisticated ways of managing yourself and your kids.

For better, more sophisticated and more effective discipline techniques visit my online parenting manual – the Parentingideas Club. There are 1,000s of strategies waiting to be used. Take your FREE trial now at parentingideasclub.com.au





positive partnerships

supporting school age students on the autism spectrum

Free two day workshop and information sessions
for parents and carers of school age children on the autism spectrum

Workshop: 2014NSWPC16 Location: Cowra

Like all school-age students, children with autism spectrum disorder benefit from strong, positive relationships between the home and school. Positive Partnerships uses evidence based materials and practical resources to help support these relationships by facilitating workshops for parents and carers.

What will you learn?

When you come along to a Positive Partnerships workshop, you will:

- Develop a greater understanding of the impact of autism on your child, both at school and at home
- Understand how to develop effective parent, school and teacher partnerships
- Learn specific strategies that will help you:
 - advocate for your child
 - support your child's participation at school
 - develop an awareness of ongoing learning needs
- Receive information about your local school system's processes
- Have the opportunity to network and share strategies with other parents/carers and key community members
- Have the opportunity to discuss a range of topics relevant to students with ASD and their families

People who work to support families living with autism in your community will also be invited to take part with the goal that there is an ongoing community focus beyond the workshop.

Workshop details

Venue: Cowra Bowling & Recreation Club Ltd
27 Vaux Street, Cowra NSW 2794

When: Two day workshop – Tuesday 25 & Wednesday 26 November 2014
Day 1: 9.00 am - 4.30 pm (Registration from 8.15 am)
Day 2: 9.00 am - 3.30 pm

Registration available from Tuesday 14 October 2014 and closes two days prior.

We strongly recommend you register as soon as possible to secure your place. You will receive confirmation of your registration.

Online registrations are preferred directly through our secure website www.positivepartnerships.com.au

Only complete the following form if you do not have access to the internet. Return the completed form to:

Email: parentcarer@autismspectrum.org.au
Mail: Positive Partnerships, ASPECT, PO Box 361, Forestville NSW 2087
Fax: 02 9451 9661

Phone the Positive Partnerships Infoline if you have any enquiries: 1300 881 971

The Positive Partnerships initiative is funded by the Australian Government Department of Education through the Helping Children with Autism Package. The views expressed in this publication do not necessarily represent the views of the Australian Government or the Australian Government Department of Education.



Autism Spectrum Australia (Aspect)
Autism SA
Autism Queensland
Flinders University SA
www.positivepartnerships.com.au



ANTIBIOTIC AWARENESS WEEK

17-23 November 2014

As part of Antibiotic Awareness Week NPS MedicineWise invites you to play this educational and engaging video in your classroom, 'Preserve the Miracle' starring Dr John D'Arcy. This short 2:40 video will help your students learn more about the history of antibiotics, antibiotic resistance today and the importance of taking antibiotics correctly.

Q: How can I present 'Preserve the Miracle' to my students during Antibiotic Awareness Week?

A: Visit nps.org.au/schools-join-the-fight

Here you can find:

- ▶ The film 'Preserve the Miracle'
- ▶ A slideshow on antibiotic resistance
- ▶ More information and resources to help explain this issue to your students

Antibiotic resistance is a global public health issue due to the overuse and misuse of antibiotics. We are all part of the problem, but we can all be part of the solution. By educating ourselves on this issue, we can prevent antibiotic resistance, meaning antibiotics will work when we really need them to.

Thank you for sharing this important message with your students.



NPS
MEDICINEWISE

Independent. Not-for-profit. Evidence-based.



Eugowra Public School Raffle

Please support our School Raffle, raising funds to cover the 'Archibull' Prize artworks and associated expenses.

The Mower was kindly donated to the school for the 'Archibull' Prize Competition by **Hutcheon and Pearce, Parkes**.

John Deere Self Propelled Front Wheel Drive Mower
The mower is valued at \$500, Briggs & Stratton engine;
22 inch stamped steel deck; front wheel drive.

Please help to raise the funds by selling tickets for this great prize.

\$2 per ticket

Extra tickets available at the office

The raffle will be drawn on presentation night. 15th December 2014.

All unsold tickets must be returned to the school office.

All sold ticket butts and money must be returned to the school office.

All families have a raffle book with this weeks newsletter.

This has been recorded at the office.

Tickets and money are due back by Friday 12th December 2014.